



Antenatal educator. DipHE (Cuidiu – I.C.T.)
R.S.B. facilitator (I.C.T./N.C.T.)
Doula. (Doula Assoc. of Ireland)
Infant massage instructor (Baby Massage Ireland - I.A.I.M.)

Mim Hanan-Moran
14 Glen Ellan Drive, Swords
087 7790293 or
mimhananmoran@gmail.com

Please find attached a booking form for the course of antenatal classes dec 2012/Jan 2013. The course will be 6 weeks long starting on we will have 2 classes before Christmas on Tuesday 11th and 18th December with the remaining 4 weeks after Christmas on January 8th, 15th, 22nd and 29th.

Each class will take place from 7 00 to 9 00 on each Tuesday evening. Any preferred time or evening of the week changes can be organised by the group on the first night. Or in advance of the course by email. I invite a local Cuidiu breastfeeding counsellor to facilitate an information session as part of the course.

We will organise a date for the postnatal meeting in the last class.

The classes will take place at:

5 Highfield Court, Marley Grange, Rathfarnham, Dublin 16. (see map)

However I am currently looking for a venue with a bit more space so I will inform you if we are due to change venue.

The course will include such topics as labour, birth, postnatal issues, choices of care and parenting issues. In the first class the group will be given an opportunity to set an agenda for the course, where you can bring up any topics or issues that you may have concerns about or wish to gain further knowledge in.

Please fill out and return the booking form.

The cost of the course is 150 euro - 50 euro deposit (non refundable), to hold your place for attendance.. The fee includes membership to the local branch of Cuidiu, the Irish Childbirth Trust. We run parent and toddler groups, breastfeeding support services, evening meetings, and other activities. The fee also allows course attendees a discount on the price of infant massage courses I regularly facilitate and doula services I offer.

Please contact me if you have any questions

Looking forward to meeting you both,

Mim

Antenatal class Tuesdays- Dec 2012/Jan 2013 Booking form.

Name: _____

Partner's name: _____

Address: _____

Contact telephone number: _____

Email address: _____

Due date: _____

Chosen place of birth: _____

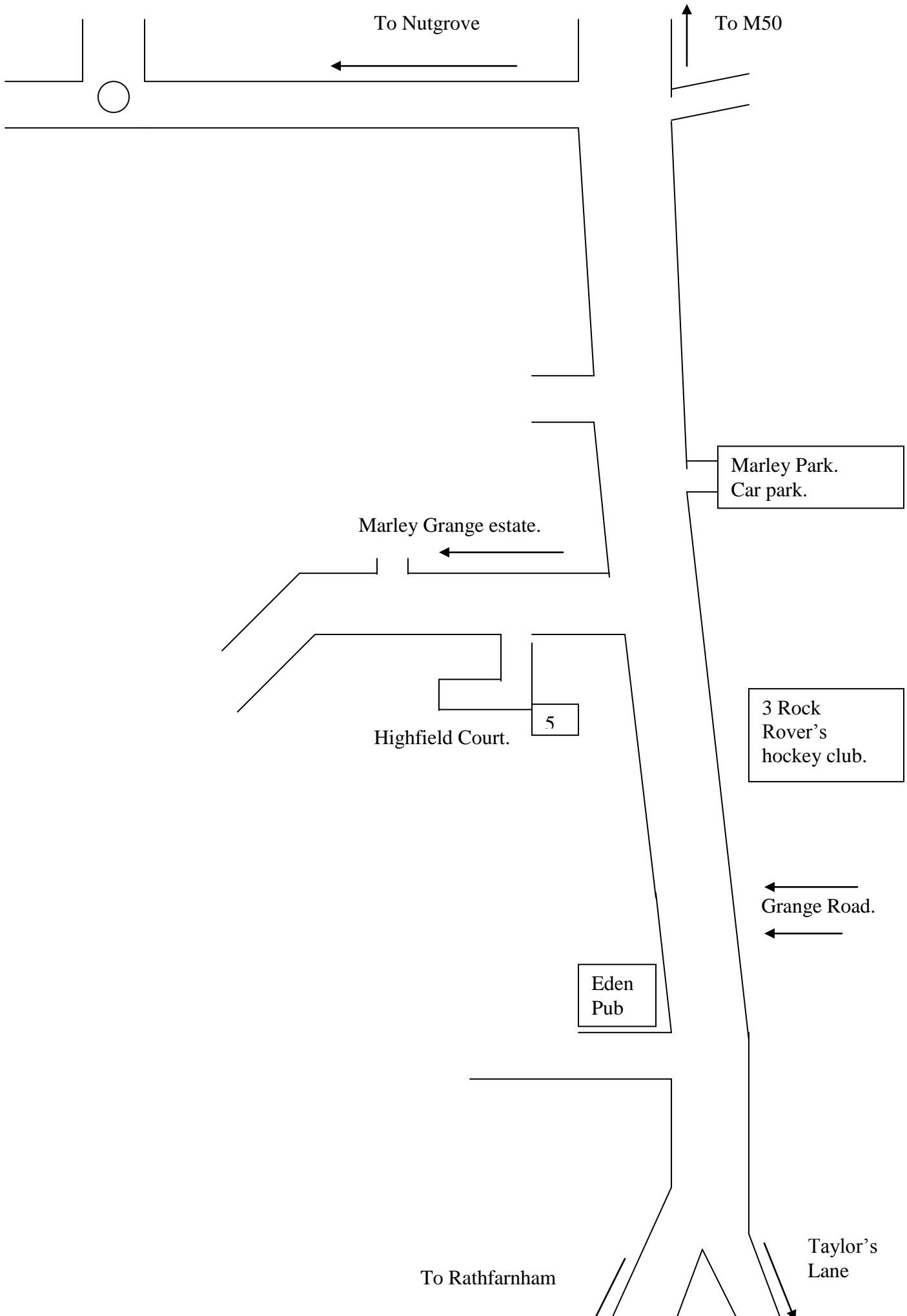
Do you have any other children? _____

Is this your first pregnancy? _____

Are you intending on breastfeeding or bottle feeding? _____

Where did you hear about Cuidiu ICT? _____

Any other
comments: _____



To Nutgrove

To M50

Marley Park.
Car park.

Marley Grange estate.

3 Rock
Rover's
hockey club.

Highfield Court.

5

Grange Road.

Eden
Pub

To Rathfarnham

Taylor's
Lane